

Half Term WCU Project



We believe that our young people deserve the very best range of **activities** and experiences in order to nurture their curiosity ,creativity and wellbeing while **learning** new things and developing key skills.

All through our half-term week of fun, we have: explored, shared, collaborated and enjoyed together the full range of opportunities available and in doing so we have been **connecting** to people and venues accessible to us locally.

We even found time to give back to our community by taking part in community gardening which is important to us as **giving** is another key component of wellbeing.

We have also taken part in mindful eating and have visited the petting zoo to help us better explore and **notice** our own relationships with food and eating.

What Are The Ways to Wellbeing?



We Love Outdoors!



We love to engage in outdoor play as outdoor play has been shown to leave children with more advanced motor skills than their “indoor” peers, including coordination, balance and agility.

Children who play outside are more likely to enjoy activities like walking, running and biking. Furthermore encouraging children to spend more time in the outdoors and away from technology has been proven to aid their physical well-being, and to help them improve their emotional and intellectual health, too.

Whether it's a trip to a nature-inspired park or taking a hike through the woods with their peers, there's no denying the benefits of stepping away from the screen and into the sunshine.



We have been taking risks and feeling braver,

Children need to learn how to keep themselves safe in a variety of different situations and it is important that we work closely with them to enable them to manage their own risk. Managing risk is part of what adults have to do every day in our lives and if children aren't taught the skills from an early age they will not be self-reliant when they are older.

To book for our KS2 summer club please contact:
swilson@queensparkschool.co.uk



Community Action

We used some of our time together to help by community gardening at local venues. We also learned about the history of local architecture learning and connecting with our local environment.



This week we have also enjoyed the following together:

- 1.Kids Art Club & Fun to Draw
- 2..Mind-Up
- 3.The Vue Cinema &
- 4.Meanwhile Gardens & QPG Scooter Recycle



Activities Undertaken

We have had a super time, full of adventures ;here are some of the activities we enjoyed together.



Kids who play outdoors are more likely to develop stronger reasoning and observation skills ,it also gives them the opportunity to explore the world from a different perspective. Showing students how to be aware of the space they're in while creating chances to meet and interact with local services and venues is an invaluable outcome of such activities.

Queen's Park Fair

A full day of fun and rides, combined with outdoor play opportunities.



Queen's Park Adventure

Engaging in recycling and outdoor play onsite at QPG and meeting the police horses .



St John's Community Planting

Exploring and learning about local architecture and history .Group planting in community spaces



Petting Zoo and WCU local mini farm

Visiting two mini zoos and interacting with the animals there.

