

ROAD SAFETY WEEK

15–21 November 2021

Lesson plans
for upper primary
(age 7–11 / key stage 2)



Organised by



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Supporting



Introducing Road Safety Week

The theme of Road Safety Week 2021 is Road Safety Heroes, celebrating the amazing work of road safety professionals, and explaining how we can all play a part in making journeys safer for everyone. By taking part in Road Safety Week 2021, you are helping pupils learn about road safety heroes and why road safety matters, and enabling them to speak up for safe and healthy journeys.

These lesson plans are tailored to the theme of Road Safety Heroes but you can also use Road Safety Week as an opportunity to reinforce other key road safety messages, reminding pupils to look and listen carefully before crossing roads in safe places, and talking to them about the health and environmental benefits of walking and cycling. It's also an ideal time to get important messages to parents about how they can keep children safe near roads, raise awareness in their community, or launch a campaign and work with local authorities to address a road safety issue.

**ROAD
SAFETY
WEEK** 
15–21 November 2021



The lesson plans

The lesson plans in this pack incorporate various teaching strategies and link to national curriculum requirements for English, PSHE, citizenship and art. Each lesson can be delivered on its own or several different lessons could be delivered on different days during Road Safety Week.

- Lesson 1:** English/PSHE/Citizenship – **What is a Road Safety Hero?** Discussion and debate focused on what it means to be a Road Safety Hero.
- Lesson 2:** PSHE/Citizenship – **Everyone can be a Road Safety Hero.** Exploring how young people can make their voices heard and make a difference by shouting out for road safety.
- Lesson 3:** Art – **Who is your Road Safety Hero?** Designing a poster to celebrate own Road Safety Heroes.

Special educational needs and disability (SEND)

Road safety education and training should be appropriate and effective for pupils of all ages and abilities, including those with special educational needs and disability (SEND).

When adapting lessons, please be aware of pupils' individual requirements and adapt lessons to fit their needs. Use visual aids and sensory play to help pupils learn and understand the connection between road danger and their own safety. Focus on road safety basics, such as holding hands with a grown up when walking near roads, how to cross roads at safe crossing places and always wearing a seat belt/sitting in a child seat when travelling by car.

Supporting materials

Choose the most suitable depending on pupils' age and ability

In your action pack

- Road Safety Hero factsheet for educators
- Road Safety Hero card games + flashcards
- 'You're my Road Safety Hero' postcard + letter to parents
- 'My Road Safety Hero' template poster
- Road Safety Hero colouring and activity sheets

Available to order from the Brake shop

- 'I'm a Road Safety Hero' stickers
- Road Safety Hero selfie props

Order at <https://shop.brake.org.uk/collections/road-safety-week-2021>

Deadline for orders: Monday 25 October 2021

Watch on YouTube

'Our Road Safety Heroes' – a short, animated film, that explains the different people who help us make safe and healthy journeys and support people after a crash. Produced by Brake for Road Safety Week 2021. Running time: 2 minutes.

Available at
<https://www.youtube.com/user/BrakeGlobal>

This film will be launched in time for Road Safety Week.

Assembly presentation

Your action pack also contains an assembly presentation to deliver during Road Safety Week. The assembly focuses on a celebration of Road Safety Heroes. We hope you will be able to invite some of your community's Road Safety Heroes into school to talk about what they do. At the end of the assembly you can hold a simple awards ceremony where pupils present visitors with a Road Safety Hero award.



A note about sensitivity

Discussions about road safety should be approached with care. If you are aware that a pupil has been affected by a road crash, either directly or indirectly, please talk to them and their parent or carer before involving them in any Road Safety Week activities. Please take individual needs into consideration when planning your activities and carry out risk assessments where required.



Lesson 1: English/PSHE/Citizenship

What is a Road Safety Hero?

Overview

The class will learn, discuss, evaluate and decide on various issues and viewpoints surrounding road safety and how to convey their ideas and their own decisions and beliefs through a classroom debate and beyond. Pupils will explore the concept of what it means to be a Road Safety Hero, and explore the process of debate and compromise in group decision-making.

Aim

To teach children about exploring their own and others' opinions through a democratic debate.

Learning objectives

- To know more about people who help us (e.g. police, ambulance, fire and rescue, and social support services)
- To understand when, why and how voting occurs and the terms 'democratic', 'majority' and 'minority'
- To develop the skills of debating.

Programmes of study

English

- Participate in discussions, presentations, performances, role play/improvisations and debates
- Articulate and justify answers, arguments and opinions
- Consider and evaluate different viewpoints, attending to and building on the contributions of others.

PSHE

- Resolve differences by looking at alternatives; see and respect others' points of view; make decisions and explain choices
- Find out what being part of a community means, and about the different institutions that support communities locally and nationally.

Citizenship

- To listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own
- How to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with
- How to predict, assess and manage risk in different situations; strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about.

Preparation

Print out the statements and labels on pages 9 and 10, with enough copies for each group. Each group discusses the same set of statements.



Lesson 1: English/PSHE/Citizenship

Lesson outline

1. Explain to the class that they are going to be talking about Road Safety Heroes. Use the factsheet provided in your action pack to explain that a Road Safety Hero is someone who helps people make safe and healthy journeys and / or supports people after a crash. Explain that everyone who uses roads safely to protect themselves and other people is a Road Safety Hero. Give a few examples.
2. Explain that they are going to be working in small groups to discuss a set of statements. For each one they will have to decide, as a group, whether or not they think the statement describes someone who is a Road Safety Hero. Ask the groups to look at each statement in turn and then place it in a 'Hero', 'Not a hero' or 'Don't know' pile. Approximately 15 minutes.
3. Ask the pupils to present their answers as a group to the rest of the class, giving their reasons. Ask the groups how they made their decisions. Approximately 10 minutes.
4. Come together for a class discussion. Establish on which point everyone agrees and on which there are a range of opinions. Point out that people do not always agree on things. Introduce the concept of compromise and point out how people need to find ways to work together when they have different viewpoints. Approximately 10–15 minutes.
5. Discuss each statement (or a selection of them) and the difference in opinions. Call for a show of hands for 'Hero', 'Not a hero' or 'Undecided' –and record the outcomes on the board. Approximately 10–15 minutes.
6. Point out that we live in a democratic society where everyone can try to change things and get their message across but in a large group there is often a difference of opinion. Point out that voting, after a discussion, is a good way of making a decision as a group. Ask the class if they know of any other methods of voting, such as: show of hands, division (moving to one side of the room), secret ballot, placing marbles in a jar, etc.
7. Ask the class what their understanding is of the words 'majority' and 'minority'. Stress the importance of discussion and listening to others so that voting is based on understanding of all the issues.

The following statements describe a person who may or may not be a Road Safety Hero, and some of the things they might do.

- Drives faster than the speed limit
- Helps children cross roads at safe places
- Makes sure children sit in a child seat when travelling by car
- Uses a phone while driving
- Always wears a seat belt when travelling by car
- Drives after drinking alcohol or taking drugs
- Rescues people from vehicles after a crash
- Takes people to hospital after a crash
- Gives medical care if someone is hurt in a crash
- Designs safe streets for people
- Campaigns for road safety
- Helps someone if they are feeling sad
- Cycles at night without lights
- Parks on the lines outside school
- Wears a helmet when cycling
- Drives slowly in places where people live.



Lesson 1: English/PSHE/Citizenship

Follow-on lesson – Debate a road safety issue

The class will create a road safety council, debate road safety and elect a chairperson to oversee the discussions and ensure everyone gets a chance to speak. The teacher could be secretary and take notes.

The class could sit around a 'board table'. Explain that the chairperson can have a 'casting vote' if the council votes with equal numbers for and against any proposed motion.

Depending on how far along the groups are and how much time you have, you could include the following:

- The proposal can be formally written down before voting.
- The voting method can be discussed – show of hands or secret ballot.

Bring the class back together and explain that they have just been involved in a 'democratic process' – making a joint decision in a fair and thoughtful way.

Ask the class:

- How did they reach their decision?
- Did they have disagreements and how were these settled?
- How did they get their views across?
- How did they feel if the decision went against them?
- Could the process be improved – how?

Examples of road safety issues the class could debate:

- Everyone should wear a helmet when cycling
- The maximum speed limit in towns should be 20mph
- All children should be required by law to learn about road safety in schools.

You could use some of the following facts to help pupils understand more about each issue:

- Brake recommends that all cyclists wear a helmet. Helmets can't offer complete protection, and they can't prevent crashes from happening, but a good quality, well-fitted helmet will help protect your brain in some types of crash or if you fall off your bike and hit your head.
- Fast traffic is dangerous, frightening, noisy and polluting. Where traffic is slow, more people walk or cycle. The faster a vehicle is travelling, the longer it will take to stop. At higher speeds, a driver has less time to react if a child steps out in front of them. They are more likely to hit that child and will hit them harder.
- Worldwide, road crashes are the biggest killer of young people aged 5–29. More than six children are seriously hurt or killed every single day on UK roads. There is no statutory requirement for UK schools to teach road safety, but many schools still try to raise awareness of road dangers and promote self and healthy mobility to children and young people.



Lesson 2: PSHE/Citizenship

Everyone can be a Road Safety Hero

Lesson overview

The class will explore how young people can make their voices heard and make a difference – both on the world stage and in their communities.

Aim

To learn about how everyone can be Road Safety Heroes.

Objectives

To discuss changes that may be needed to enable people to make safe and healthy journeys and explore how everyone can be a Road Safety Hero and shout out for road safety.

Programmes of study

PSHE

- To find out what being part of a community means, and about the varied organisations that support communities locally and nationally
- To recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing
- To explore how people can take action to raise awareness in their communities.

Citizenship

- Research, discuss and debate topical issues, problems and events
- To consider social and moral dilemmas that pupils may come across in life
- To underline the importance of seeing an issue from different viewpoints.

Preparation

Print out the 'Road Safety Heroes – speaking up for road safety' profiles from pages 11 and 12 with enough copies for each pupil/group of pupils to have one profile each. Decide how much information to share, depending on pupils' age and abilities.

Lesson outline

1. Introduce the idea of campaigning, explaining that a campaign is a set of activities to achieve a change. Ask pupils whether they know about any local or national campaigns – examples they may have heard of in the news include Greta Thunberg's School Strike 4 Climate, Black Lives Matter and the Me Too movement.
2. Ask pupils why they think campaigning for road safety is important. Explain that 1.3 million people die on the world's road every year and injuries from road crashes are the biggest killer of young people. Tell them that no one should be hurt on roads and everyone has the right to make safe and healthy journeys, wherever they go.
3. Distribute copies of the 'Road Safety Heroes – speaking up for road safety' profiles from pages 11 and 12. Ask pupils to work in groups to read about the heroes and the different ways they have got their message across, e.g. through art, film, sport or dance.
4. Explain to pupils that for children to make safe and healthy journeys where they live, they need five things: footpaths, cycle paths, safe places to cross, slow traffic and clean traffic. Talk about whether roads near your school / in your community have these things and whether pupils can make safe and healthy journeys.
5. Ask pupils for ideas about how grown ups can help children be road safety heroes and help keep them safe near roads, and how they can tell grown ups about this. Ask the class to think about the most important issues near your school and use these as the basis for their action. Possible examples could include:
 - Writing a letter to their parent/carer asking them to never use their phone when driving
 - Creating an infographic to share on social media
 - Drawing a picture showing the five things children need to keep them safe near roads
 - Designing a road safety poster to be displayed in the school entrance
 - Writing to a local MP asking for 20mph speed limits or cycle paths.

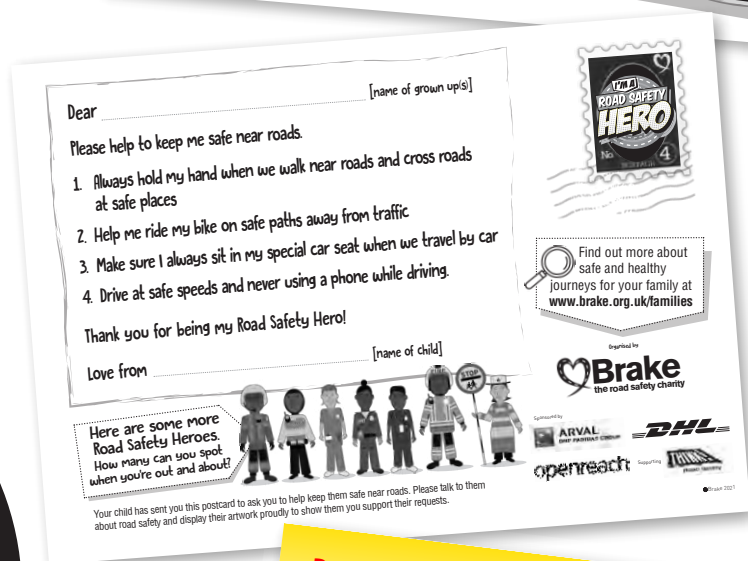
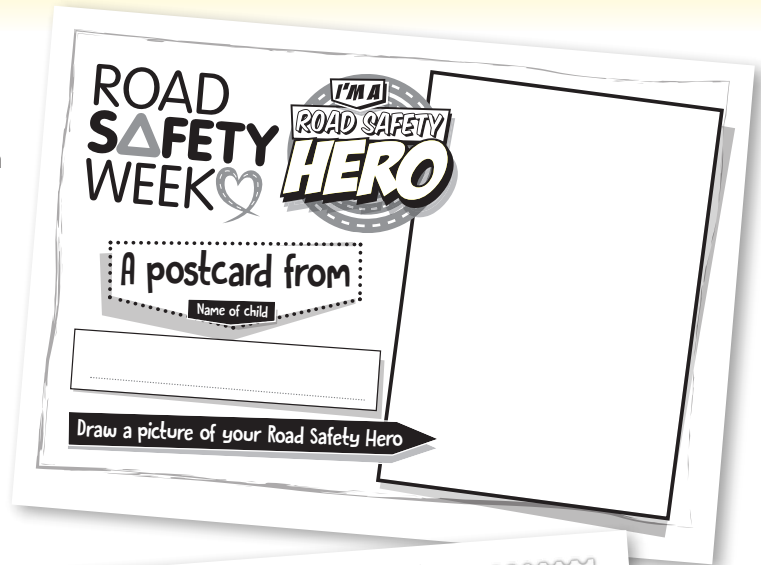
Lesson 2: PSHE/Citizenship

Extension activity/homework

Ask pupils to design an image to share on social media calling on other people to be road safety heroes. Share pupils' designs on social media – please tag @brakecharity and use the hashtag #RoadSafetyWeek.

A road safety postcard

Even very young children can be Road Safety Heroes by asking grown ups to keep them safe near roads. Ask pupils to colour in the postcards in the Road Safety Week action pack and take them home. They can talk to their parents/carers about the message on the postcard, and ask them to display their artwork proudly – to show they understand the importance of keeping children safe near roads. There's a letter to parents in your action pack too.



Lesson 3: Art**Who is your Road Safety Hero?****Lesson overview**

The class will design a poster to celebrate their own Road Safety Heroes.

Aim

To use creative skills to create a visually appealing design that celebrates Road Safety Heroes who help us make safe journeys and care for people after a crash.

Preparation

Prepare art materials or print copies of the 'My Road Safety Hero' template poster on page 13.

Differentiation activities

- Ask pupils to colour the 'Road Safety Heroes' colouring sheets in your Road Safety Week action pack.
- Play the Road Safety Hero card games in your Road Safety Week action pack.

**Lesson outline**

1. Ask pupils who they think their Road Safety Hero is. You can remind them of some of the people you have talked about already or use the Road Safety Hero factsheet in your action pack for examples.
2. Explain to pupils that they are going to design a poster that celebrates their Road Safety Hero.
3. Explain that a Road Safety Hero can be anyone who helps us make safe and healthy journeys and supports people after a road crash. They can be road safety heroes too by using roads safely.
4. Hand out art materials or the 'My Road Safety Hero' template poster from page 13.
5. Ask pupils to create a poster with a drawing of their Road Safety Hero. Higher ability pupils can write a sentence to explain why that person is their hero.

Pupils' designs could be entered into a school competition, using stickers or selfie props from the Brake shop as prizes for the creators of the most imaginative designs.

Make a road safety display in your reception area for parents and visitors to see. Write 'Our Road Safety Heroes' in bold letters next to the pupils' designs.

Share your designs on social media.
Tag @brakecharity and use the hashtag #RoadSafetyWeek.

- Sensory-based activity: Use cloud dough to create blank faces and let children 'draw' faces using their fingers. Talk about happy and sad faces and talk about people who help us when we are feeling sad.
- Paint an ambulance in its bright colours. Discuss why it is painted brightly – so people can see it coming, when it's travelling fast. Discuss, with appropriate sensitivity, how the ambulance could be carrying someone to hospital who has been hurt on the road.



SUPPORT MATERIALS

Lesson 1: English/PSHE/Citizenship Statements



**Drives faster than
the speed limit**

**Helps children cross
roads at safe places**

**Makes sure children
sit in a car seat when
travelling by car**

**Uses a phone
while driving**

**Always wears a seat belt
when travelling by car**

**Drives after drinking
alcohol or taking drugs**

**Rescues people from
vehicles after a crash**

**Takes people to
hospital after a crash**

**Gives medical care if
someone is hurt in a crash**

**Designs safe streets
for people**

**Campaigns for
road safety**

**Helps someone if
they are feeling sad**

**Cycles at night
without lights**

**Parks on the lines
outside school**

**Wears a helmet
when cycling**

**Drives slowly in places
where people live**

SUPPORT MATERIALS

Lesson 1: English/PSHE/CitizenshipCut Here 

Hero

Not a hero

Don't know

SUPPORT MATERIALS

Lesson 2: PSHE/Citizenship

Road Safety Heroes – speaking up for road safety

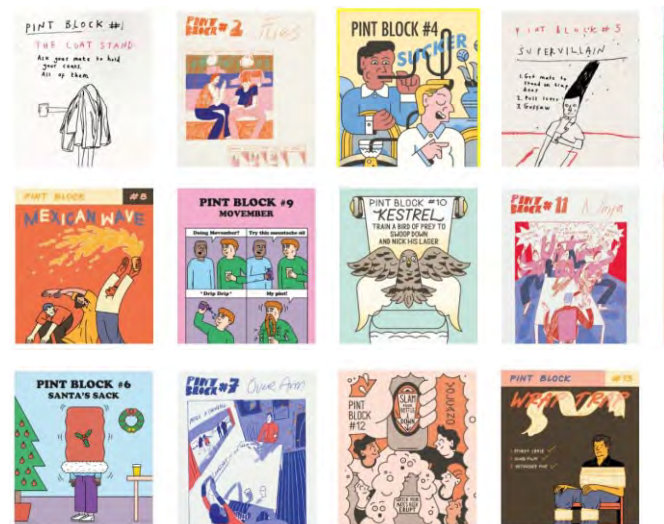


Pint Block

Pint Block is a government campaign against drink driving that encourages young men to stop their friends driving after drinking alcohol. It uses the message that 'A mate doesn't let a mate drink drive'. The campaign includes funny 'Pint Block' films and images to share on social media and display in pubs and bars. www.pintblock.com shows 60 different images by young artists because 60 young car drivers are killed or injured every month in drink-driving related crashes.

Find out more at

www.think.gov.uk/campaign/pintblock2021



Art for Road Safety

Art for Road Safety is an international competition that inspired young people in Africa to paint, draw and dance to raise awareness of road safety.

Rital Khasawneh from Jordan created an illustration to show how vehicle damage increases with speed. A dance group from Uganda showed how important it is to wear a helmet while riding your bike. Pierre Sada Sarr from Senegal redesigned a 30km/h (20mph) sign to show the importance of having low-speed streets.

Find out more at

www.youthforroadsafety.org



We are all fragile under our shells

Art student Agota Rencsenyi designed an eye-catching series of billboard adverts to remind people to use roads safely. Her work is called 'We are all fragile under our shells' and shows shellfish and other marine life driving cars to remind people to look after each other on the roads.

Find out more at

<http://reactforchange.com/2021-london>



SUPPORT MATERIALS

Lesson 2: PSHE/Citizenship**Road Safety Heroes – speaking up for road safety****RoadPeace Cup**

More than 100 young footballers played a charity football tournament to learn more about how they can help make roads safer. Teenagers from England, Wales and Ireland took part in the 2019 RoadPeace Cup in Liverpool. Between matches they did activities to learn about road safety.



Find out more at www.roadpeace.org

Schoolchildren in York paint the streets

Schoolchildren in York painted their streets with colourful designs as part of a project to make roads safer and healthier places for everyone. The pupils decorated roads near their schools to show that the streets had a new, safer layout. They used leaf art and paw prints to show that the pavement had been made wider and that there was no parking on the pavement.

Find out more at www.sustrans.org.uk



